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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 14, 2004

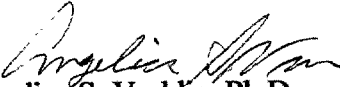
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Melatonin supplements under the PhysioLogics brand name:

- Nutritionally Supports Sound Sleep.
- Closely involved in the natural sleep cycle, Melatonin can help support restful sleep patterns.
- Studies indicate Melatonin may be appropriate for people experiencing occasional sleeplessness, those with jet lag or anyone wanting to promote sound, quality sleep.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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